



The Stars and Stripes

4-H Club Meetings

Advance Clovers

More information to be announced soon.

Crowley Ridge 4-H

Meeting times and places vary.

Contact Angie Parks
(573-421-2888)

Puxico Warriors

Meets 1st Thursday at 7 pm
in the Vo-Ag building at

Puxico School
Randy Stevens
(573-421-4407)

Richland Rebels

Meets periodically.

Contact
Rose Vandergriff
(573-820-7384)

Show Me 4-H Club

Meets once a month.

Contact Jeanie Huey
(573-614-7337)

Star Banner 4-H

Meets 3rd Monday of every
month.

Contact Robinn Daves-Huey
(573-820-6127)

Stoddard County Swine Club

Meets periodically.

Contact Eddie Sifford
(573-222-3729)

4-H Riders

Meets periodically.
Contact Stacy Brittain
(573-772-0746)

Deadlines and Upcoming Events

March 1-3- Youth Civic Leaders Summit

March 5- SPA SPIN Club

March 9- Steer Weigh In- Tentative

March 16-17- Teen Conference

March 22-24- Shooting Sports Leader Certification,
Spring Shooting Sports Leader Certification Workshop

March 26- Annual Meeting

March 20- Artwork due into office

March 26- April 5— Youth Farm Animal Art Show

April 12-14- Hunting & Outdoor Skills Leader Certification
Workshop

April 13- State 4-H Robotics Conference

April 27- Horse Camp in Stoddard County

May 11- 4-H Day with the Cardinals

May 20-27- Missouri 4-H Equine Tour

May 30- June 1 State 4-H Congress



Equine Opportunity: Show-Me Success Clinic

The Missouri Quarter Horse Association and Stephens College are hosting the Show-Me Success Clinic at Stephens College in Columbia, MO on April 5th - 6th. Watch AQHA World and Congress Champion trainer Tommy Sheets instruct riders and learn to score each class with AQHA judge Kendra Wei. Please see the attached flyer for more information about the event and how to register.

Hunting and Outdoor Skills Leader Certification Workshop

Here is your chance to become certified to teach the 4-H Hunting and Outdoor Skills project of the Shooting Sports program. Participate in active learning as you become acquainted with this challenging, yet FUN project. Learn firsthand from the state instructors on how to lead a local/county Hunting Skills program. Experience various teaching activities that have proven effective for youth. Receive answers to your questions. And become part of a network of other Hunting Skills volunteer instructors. For more information check out <http://4h.missouri.edu/shooting-sports-events/outdoor-leader#gsc.tab=0>



4-H Day with the Cardinals

**Busch Stadium, St. Louis, Mo.
Saturday, May 11, 2019**

You are invited to join us for the 18th Annual 4-H Day with the Cardinals. The Cardinals will be taking on the Pittsburgh Pirates in a 1:15 p.m. game. Don't miss out! We have a limited number of tickets, and they go quickly! All members and their leader can take part in the parade around the ball field. That's right, you will get to walk around the field behind your county or club 4-H banner! Pre-game ceremonies also include a recitation of the 4-H pledge and ceremonial first pitch by a Missouri 4-H member

<http://www.4h.missouri.edu/4h-day-with/4h-day-with-cardinals#gsc.tab=0>

Volunteer Screening for 2019

4-H now has new volunteer forms since we are working with Family Care Registry. Volunteer forms are attached.

If you haven't got these in, please send them to the Stoddard County Extension Office.

SEMO Fair Scholarship

The SEMO Fair Scholarship is available at

www.semofair.com

Applications are due May 31, 2019. You must have exhibited at the SEMO fair to apply. It is for \$2,500.

Public Speaking Academy

The 4-H Public Speaking Academy is preparing for its eighth year! Extension faculty, along with 4-H volunteers will provide educational workshops to help youth build their skills and comfort with public speaking. Participants will be guided through the basics and finer points of writing and delivering a speech. Youth will receive individual assistance. The camp is open to all youth 11-13 years of age interested in learning more about public speaking. The Academy will be June 12-13, 2019 and registration is due May 1. Lodging will be on the campus of Central Methodist University in Fayette, Mo. The cost is \$100. For more information, contact Patty Fisher at fisherp@missouri.edu or 573-324-5464 and be sure to download the brochure on the Missouri 4-H page at <http://4h.missouri.edu/public-speaking-academy/main>

Get Social

Did you know that Missouri 4-H has their own Snapchat! Check them out!



Youth Swine and Calf Clinic

There will be a youth swine and calf clinic on Saturday, March 9, 2019 at the Timberline Stables (2243 State Rd MM) in New Bloomfield. Topics include: selection, nutrition, show prep, and showmanship. Cost is \$20 for youth, \$10 for adults. For information and to RSVP, contact Klarissa DeOrnellis at 573-645-9130 or showMEyouthclinics@gmail.com

Steer Weigh-In-Beef Project Members

Saturday, March 9-Weigh-In will be from 9:00 a.m.-10:30 a.m. at SEMO Livestock Auction Barn. (formerly Fruitland Livestock Sales) ALL steers must be weighed-in to be eligible for the East Perry Fair and/or SEMO District Fair Steer Show & Sales in September. Bring \$1 cash per steer for the tag. Nose prints for the Missouri State Fair will be taken at steer weigh in. The youth must tell the volunteers at the chute to take a nose print when the steers are tagged. For SEMO District Fair, each youth will be able to weigh in 4 steers total. Steers can be designated in an individual's name or under immediate family name. This is so families with multiple children weighing in multiple steers do not HAVE to pick which child will show/sell which steer in March. If a steer is designated under the family name at weigh in, the steer must be designated in one youth's name at fair entry time in August. 4-H & FFA youth are able to show two steers but sell only one. STATE FAIR—Steer ownership deadline to exhibit is March 1. Nose prints are required and due to the state fair office March 15. NOTE: Youth need to be enrolled in 4Honline in the Beef project and dues paid by Steer Weigh-In.

Youth Sheep and Goat Clinic

There will be a youth sheep and goat clinic on Saturday, March 16, 2019 at the Timberline Stables (2243 State Rd MM) in New Bloomfield. Topics include: Judging of goats and lambs, nutrition, fitting, and showmanship. There will also be a private sale of show lambs and goats. Cost is \$20 for youth, \$10 for adults. For information and to RSVP, contact Klarissa DeOrnellis at 573-645-9130 or showMEyouthclinics@gmail.com



Ingredients

- 1/2 pound ground beef
- 1 can (8 ounces) tomato sauce
- 1/2 cup shredded part-skim mozzarella cheese
- 1/2 teaspoon dried oregano
- 2 tubes (8 ounces each) refrigerated crescent rolls

Directions

In a large skillet, cook beef over medium heat until no longer pink; drain. Remove from the heat. Add the tomato sauce, mozzarella cheese and oregano.

Separate crescent dough into eight rectangles, pinching seams together. Place about 3 tablespoons of meat mixture along one long side of each rectangle. Roll up, jelly-roll style, starting with a long side. Cut each roll into three pieces.

- Place, seam side down, 2 in. apart on greased baking sheets. Bake at 375° for 15 minutes or until golden brown.

Nutrition Facts

1 appetizer: 94 calories, 5g fat (1g saturated fat), 7mg cholesterol, 206mg sodium, 9g carbohydrate (2g sugars, 0 fiber), 4g protein.

Kristi Baker

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To make these, you will need Fruit Loops, large marshmallows, and white pipe cleaners or chenille stems. I used white so that the color wouldn't distract from the color of the Fruit Loops, but you could use other colors too.

First, cut the white pipe cleaners in half and stick one end into a large marshmallow. The large marshmallow helps the pipe cleaner stand upright, making it easier for little ones to string on the Fruit Loops. If it keeps falling over, try wetting the bottom of the marshmallow a little to get it to stick.

Then let your kids string on the Fruit Loops. Not only can they practice stringing them, but you can also go over your colors. You can either encourage your child to do the colors in order or just have fun with it. Once they are done, top it off with another marshmallow and bend it into shape.

Kelly Morgan

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